

From the Mountains to the Sea The Chapel of the Cross Vacation Church Camp 2020

Grown-ups and Big Kid Helpers,

The focus of this program is Jesus-the-Teacher. Jesus traveled as he taught, spending time in both cities and wilderness, and on roads in between. As we learn about Jesus and the lessons he shared, we'll also learn about the [North Carolina Mountains-to-the-Sea trail](#) (MST), a hiking path that is easily accessible to many of our church families. The MST runs from Clingman's Dome in the western mountains to Jockey's Ridge on the eastern shore, through rural and urban areas.

The creation of this curriculum began before the COVID-19 pandemic. The comfort and life lessons found on hiking trails are even more certain now.

How to use this resource at home:

Any way you like! Pick and choose the parts of the curriculum you want to use or take deeper dives into areas that interest you. The program is divided into five modules (or days). Each module will have suggestions for Bible Stories, Godly Play videos, Creative (Art) Reflections, Hands-On Science, Outdoor Activities (including local hikes), and Cooking/ Snacks.

- *At the Chapel of the Cross, we give [The Children's Illustrated Bible](#) by Selina Hastings to second graders so many families have this bible at home. It has fun facts and historical notes but the daily stories can be found in any bible. If you would like to buy a copy of [The Children's Illustrated Bible](#), it's worth investing in the larger (262 mm x 205 mm) edition.*
- *Most of the **Godly Play stories** may be watched on the Godly Play YouTube channel. The stories are told in the Godly Play – style, with one storyteller, one camera and simple materials. There is nothing flashy here. If you're limiting screen time and don't want to watch, just skip this portion of the day.*
- ***"Creative Reflection"** is how children respond to the stories. You might want to set up a variety of "centers" in one room and let children work with materials throughout "camp." Don't worry if the stories the children tell and the art they create include Darth Vader or Elsa from "Frozen." Let the children determine the final "product."*
- ***Hands-on Science** is one of our favorite parts of church camp. Usually, we would bring in local experts to help us learn. We do not expect parents or guardians to become geologists over night! Videos and simple activities are suggested.*
- ***Snacks / Cooking:** Since we're "hiking" this week, a granola bar, a piece of fruit or a sandwich makes an excellent snack, thematically. If your family likes to spend time in the kitchen, there are additional ideas for each day. Some of the recipe links may be behind a paywall. Substitute freely!*

- **Outdoor Play / hiking:** Try to take a walk each day - on a trail, around the block or around the yard. What do you notice? Where do you see God and the teachings of Jesus in the natural world? The Rev. Noah Van Niel, Associate Rector at the Chapel of the Cross, has suggestions for [hiking with the psalms](#). While there are specific trail suggestions for each module, here are additional paths in [Chapel Hill](#) and [Durham](#).
- **Bible Story Skits** and other videos will debut on cotcchildandfam.org each day. You can scroll back to find all the videos you miss or want to watch again.
- If you have trouble with the embedded hyperlinks, there is a list of **web addresses** at the end of this document.
- This Vacation Church Camp (and accompanying supplies for children who registered by June 15) is offered free of charge. For more information about programs for children and families at the Chapel of the Cross, contact Boykin Dunlap Bell at bbell@thechapelofthecross.org. **To support the mission and ministry of the Chapel of the Cross**, text "COTC" to 73256 or follow this link: <https://secure.accessacs.com/access/oglogin>
- Many thanks to those who helped create this curriculum, including Suzanne Sauter; Melinda Van Niel; Lee Wollman; Joseph and Theresa Scocca, Cate, Evie and Stephanie Palmer; Laura Jane, Emma, Daniel and Caroline Williams; Maddie, Ella, Jonah, Silas and Sarah Deitz.
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Monday (Module One)

Jesus is Found in the Temple (Luke 2:41-52)

MST: Clingman's Dome

The Temple Mount rises 2,430 feet above Jerusalem – not nearly as high as Clingman's Dome (which at 6,643 ft., is the highest point in the Great Smoky Mountains National Park and the second highest point in NC). Both "mounts" rise above bustling towns (Jerusalem and Gatlinburg, TN), which usually have many visitors. The Temple Mount was the site of the Second Temple, built by Herod the Great after the destruction of Solomon's Temple. It is also the site of the Dome of the Rock - a holy and inspirational place for Jews, Christians and Muslims. Many people find the view from Clingman's Dome awe-inspiring.

Every year at Passover, Mary and Joseph went to Jerusalem from their home in Nazareth. When Jesus was 12, he went with them.

Background:

God is everywhere – God does not need a house - but King David wanted a special place for the Ark of the Covenant to live. The word “ark” might be confusing. Is it like the boat that carried Noah and the animals? Well, yes, sort of. It was a vessel that carried something special. It carried the Ten Commandments.

The longer story of the temple (that we won't hear today) is a story of battles over land and power. David dreamed of building a temple to hold the Ark of the Covenant. He conquered Jerusalem and made it the capital of his kingdom. He wanted to build a temple for the Ark but he died before the temple could be built. His son, King Solomon, built a temple (the “First Temple”) about a thousand years before Jesus was born. Imagine the amazement and pride people felt when the temple was completed. About four hundred years after it was finished, though, the King of Babylon seized Jerusalem and destroyed that temple. Imagine now the grief people felt and the determination they had to rebuild “God’s house.” A second temple was built about 100 years after the first was destroyed. Battles over land and power continued and the temple was often in danger of being destroyed again. It was looted, with many precious things stolen from inside. About twenty years before Jesus was born, Herod the Great rededicated the temple and it became known as “Herod’s Temple.” Let’s imagine that it was Herod’s Temple that Jesus visited with his parents.

Bible Story: You can read “Jesus is Found in the Temple” on page 200 in [The Children’s Illustrated Bible](#) or you can read [Luke 2:41-52](#) in any bible.

Godly Play:

[“The Ark and the Temple”](#) (The story starts at the 2:00 mark and lasts about ten minutes.) This is not the story of the young Jesus in the temple. This is the story of the temple that held the ark that held the Ten Commandments.

Creative Reflection (Art):

- **Blocks and Legos**

Blocks and Legos can be used with every lesson. Encourage children to reflect on the story with wondering questions like:

- I wonder what special places you have visited?
- I wonder what place is your favorite place to pray?
- I wonder if you have ever been lost?
- I wonder what you would put on the altar if you were offering something to God?
- I wonder what the temple would look like if you designed it today?

- **Crayon rocks**

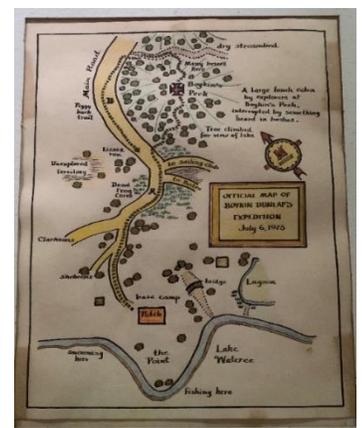
Heat rocks in a 350 degree oven until they are hot like sauna stones. (Five minutes will do it!) With a grown-up's help, carefully remove the rocks to a piece of tinfoil on a heat-protected surface. A heat protected surface is a counter or table covered with a towel or a piece of wood so the warm rock won't damage the surface below. The rocks will be quite hot to the touch. Don't try to pick one up without an oven mitt. Now use crayons to draw on the rocks. Touching a rock with a finger is fine. It might surprise you – ouch! – but it won't cause injury. The crayons will melt as you draw, making beautiful, abstract works of art. Don't get frustrated if your lines run together! That's exactly what should happen!

If you have a special, sacred space in your house, you might want to put your rock in that space. What do you feel when you look at the rock? You can add other objects during the week.



- **Map Drawing:** This can be as simple as a paper and pencil sketch or a more in-depth study of directions and orientation. When we hike, we can use trail blazes to guide us but we can also use maps. Maps show us destinations (where we're going), directions (which way we're going) and distances (how far we going). Maps can also show the topography of the land and interesting features. (Some maps are three-dimensional!) National Geographic has lots of ideas for learning about and drawing maps, including this [simple introduction](#). There will be another suggestion for map-making in the Thursday module.

Can you draw a map of your backyard? Can you draw a map showing Mary and Joseph how to find the boy Jesus in the temple? Can you note NORTH on your map?



Science: Geology, Geography and Orientation

Tradition tells us Solomon's temple (the First Temple) but built of stone and cedar and cypress wood. Herod's Temple was built with white stone and imported marble. Legend says the Second Temple was dazzlingly bright, shining in the desert sun.

The western part of North Carolina once had marble mines. It still has quarries, where rock is mined. Imagine what it would be like to work in a mine. It would be very hard work!

The *geology* of our state changes as you travel across it. The rock in the west (near Clingman's Dome) does not look like the sand in the east (at Jockey's Ridge). You can learn more [here](#).

You can read about mines and [quarries here](#).

Geology also helps us orient ourselves. We can use geological landmarks (like mountains and rivers) to help us find our way.

Fun fact: Rivers always run downhill. In North Carolina, that usually means south and east, towards the Atlantic Ocean. But there's one river that runs north. That's the New River. The New River is not so new! It's one of the oldest rivers in the world. Some geologists suspect that only the Nile River in Egypt is older. The New River established its path before plate tectonics shifted the land. "Downhill" was in a different direction. The New River flows north into Virginia and then west.

Compass Directions:

This week, we'll be "traveling" through the state of North Carolina. We can use maps and geological features to find our way but we can also use a *compass* to show directions based on the earth's poles. A compass shows us which way is *north* and from that we can determine *east, south and west*. Maybe you have a compass at home.



clipart-library.com

Fun fact: in the early days of church building, most churches were oriented towards the east. The altar would point in an easterly direction and people would pray facing the direction of the rising sun. Today, churches are usually oriented in a way that fits the surrounding streets.

- [Make a compass](#) with a few supplies: a needle or straightened paperclip, a (strong) magnet, a bowl of water. You might also want a bit of cork or something that floats, like a piece of plastic cut from a take-out container. This will help your needle stay on top of the water. If you want to get fancy, you can mark one end of the floater or needle so you know it's the magnetized (North) side. You'll magnetize your needle by rubbing one end against a magnet for 5-10 seconds. The end you've rubbed is now the north pole of your needle. If you've ever played with magnets, you know the north end of one magnet will stick to the south end of another. But two north ends (or two south ends) will *repel* each other. You can't stick them together. The north end of your needle is now going to reach for the North Pole. That's because the North Pole is actually the magnetized *south end* of the earth, which is confusing but it's why the magnetized end of a compass needle always points north. After you magnetize your needle, gently lay it on the water or on the floater and watch it turn.
Do you remember which river flows north?

Snacks:

This bible story takes place during the time of the Passover. Charoset is a traditional Passover dish made with apples and walnuts. It is meant to resemble the mortar – the paste – that was used to hold together bricks when the Israelites were enslaved as builders in Egypt. You can make a traditional charoset or you can use the New York Times recipe for a simpler (and more flexible) [Apple, Honey and Walnuts](#).

Outdoor Activity:

[Occoneechee Mountain](#) is not yet part of the MST trail and it's not as tall as Clingman's Dome but it is the highest point in Orange County and an easy afternoon hike for most Chapel of the Cross families. The path to the top is well-marked and from the summit, you can look out and see the village of Hillsborough. *What else do you see? Do you see church steeples? Railroad tracks? Cars on the roads? What would it be like to build a church or temple on a mountain? Would it be hard to move building supplies to the top?*

Prayer (from Psalm 121):

I lift up my eyes to the hills; from where is my help to come?
My help comes from the Lord, the maker of heaven and earth.
The Lord shall watch over your going out and your coming in,
from this time forth for evermore.

Tuesday (Module Two)

Jesus is Baptized (Matthew 3:13-17, Mark 1:9-11, Luke 3:21-22, John: 1:29-33)

MST: Eno River State Park

Jesus was baptized by his cousin John in the Jordan River. Members of Mt. Gilead Baptist Church (Durham) have baptized congregants at Few's Ford in the Eno River for over a hundred years. A ford is a shallow place in a river which can be crossed by foot or car. Few's Ford is not passable by car but it's a great place to wade.

Bible Story: You can read "John Baptizes Jesus," page 202 in [The Children's Illustrated Bible](#) or you can read [Matthew 3:1-17](#) in any bible

Godly Play:

["Baptism"](#) (The video is about 9 minutes long.) This video is about the sacrament of Baptism. In the video, a doll baby is baptized but we baptize all ages in our church – infants, children, youth and adults. Children should be assured that they are children of God and members of our church family even if they have not been baptized. To learn [more about baptism at the Chapel of the Cross](#), go to our webpage.

Creative Reflection (Art):

- **Blocks and Legos**

Blocks and Legos can be used with every lesson. Encourage children to reflect on the story with wondering questions like:

- I wonder why John the Baptist lived in the wilderness, eating bugs and honey?
- I wonder what people thought when they saw John the Baptist with his unbrushed hair and clothes of camel hair?
- I wonder what they thought when he called them snakes (vipers) and told them to repent?
- I wonder what the people thought when Jesus asked John to baptize him?
- I wonder what it feels like to have the Holy Spirit land on you like a beautiful bird?

- **Watercolor paints**

Can you paint the River Jordan? Can you paint the Eno River? Can you paint the Holy Spirit?

- [Coloring pages of animals found along the Eno River](#) are free to download.

- **Clay Leaf Prints and Pendants**

Lay out a piece of wax paper. Put a leaf, fern, feather or a tiny toy animal on the wax paper. Roll a piece of air-drying clay into a ball and press it gently onto the object. Then carefully pull the object off the clay. Use a straw or pencil to make a hole in the clay so you can add string later and make a pendant you can wear. Wait until the clay dries (at least one day and it will still be soft) and then paint the clay if you'd like. *How does it feel to hold a memory of God's Creation close to your heart?*

Science: Salamanders and skinks and snakes and toads!

Herpetology is the study of reptiles and amphibians. The Eno River, the Confluence (which is the junction of two rivers) and the vernal pools (wetlands near the river) are full of reptiles and amphibians that need water to live. [This 20-minute video](#) features Dave Cook, a ranger and educator with the Eno River Association, and a lot of critters you might see while hiking at the Eno River State Park and preserves.

Fun Fact: You're not too young to make scientific discoveries! In 1993, a fourteen-year-old boy was exploring a tributary of the Eno River. David Cooper found a crayfish that didn't look like any crayfish he had ever seen. His father happened to be the Curator of Crustaceans at the NC Museum of Natural Sciences so his dad took the specimen to scientists who confirmed the animal had never been identified before! Now the Carolina Ladle Crayfish is named after David! Its scientific name is the *Cambarus Davidii*. Maybe one day you'll have a critter named after you!

Make a habitat:

Using a jar or box, crate a habitat for a small, toy animal. Or make a critter out of clay. *Would your animal live under a rock? Would it hide in leaves? Where would it find food?*

Snacks:

[Watermelon popsicles](#) would be a great snack for today. If you use the Mark Bittman recipe at the link, you can use orange juice in place of the lime juice.

Outdoor Activity:

[Few's Ford](#) (in the Eno River State Park) is easy to access and shallow enough for kids to safely wade in. The bottom of the river is rocky so river shoes are recommended. [West Point on the Eno City Park](#) is more crowded but also offers easy access to a wading area where you can gently scoop up bugs and crawfish for closer looks before returning them to the water.

Prayer (Adapted from the prayer in the Service of Holy Baptism in the Book of Common Prayer):

Almighty God, thank you for the gift of water. Over it, the Holy Spirit moved in the beginning of Creation. Through it you led the children of Israel into the land of promise. In it your son Jesus received baptism and was anointed by the Holy Spirit to lead us into everlasting life. Amen.

Wednesday (Module Three)

The Sermon on the Mount (Matthew 5-7)

MST: Hanging Rock State Park

Trails run in two directions! Jesus traveled back and forth between Galilee and Judea. He taught on mountains and he taught on plains. On the Mountains-to-the-Sea Trail, we can travel east then west and east again. We can visit mountains and flat lands. Today, we'll backtrack on the MST and "visit" Hanging Rock State Park, to the west of Chapel Hill and Durham. One of Jesus' best-known teachings – the one that includes "the Beatitudes" and the Lord's Prayer - was a sermon he taught on a mountain. We call it the Sermon on the Mount.

Bible Story:

You can read "The Sermon on the Mount" on page 214 in [The Children's Illustrated Bible](#) or read [Matthew 4:23 – 5:12](#) (the Beatitudes) and [Matthew 6:5-15](#) (The Lord's Prayer) in any bible.

Godly Play story:

["The Greatest Parable: The Ministry in Galilee"](#)

This Godly Play story is long – 13 minutes and 27 seconds – but children need only watch the first 6 minutes and 11 seconds to hear the story of the Sermon on the Mount.

Creative Reflection (Art):

- **Blocks and Legos:**

Blocks and Legos can be used with every lesson. Encourage children to reflect on the story with wondering questions like:

- I wonder what it would feel like to be in the crowd and hear Jesus teach?
- I wonder why Jesus said that peacemakers are children of God?
- I wonder what Jesus meant when he said people would *revile* his followers but his followers could rejoice and be glad?
- I wonder what trespasses and debts are?
- I wonder how we forgive other people?

- **Walking Stick**

Look for a stick that has fallen to the ground. If you find one the right size, you can use it as a walking stick. Put a piece of sidewalk chalk in water. It's okay if just part of the chalk gets wet. Use the wet end of the chalk to color your stick. *Now you can use your chalk to write a blessing on the sidewalk!*



Science: Skins, skat and tracks

This is a little bit gross but also fun. Animals leave their marks on the trail in tracks (footprints), skins (think of snakes), fur and skat. Skat is poop, and different animals have different kinds of poop, depending on what they eat. A meat-eating carnivore will have bits of bone and fur in its poop. A plant-eating herbivore might have berries. [There are instructions for making fake animal scat](#) from oatmeal, cocoa powder and water. How does rabbit skat look different from fox skat? What do you think you would find in coyote skat?

Fun Fact: Included in the Animal Scat directions is a suggestion for making porcupine poop. You're not likely to see a porcupine in North Carolina. They may have lived in the mountains – maybe even at Hanging Rock – two hundred years ago but none have been sighted in our lifetimes.

Tracks: [a Matching Footprint game](#) can be printed here and cut into cards. Can you guess which animals the footprints belong to?

Snacks:

Granola bars or cookies or any hand-held snack you might carry on a hike would be a good snack for today. Choose a recipe that is safe for your family to eat, like these [no-bake granola bars](#) or these [nut-free granola muffins](#)

Outdoor Activity:

[Hanging Rock State Park](#) is a little less than two hours from Chapel Hill. [Raven Rock State Park](#) is a bit closer (about an hour away). If you want to stay even closer to home, the Piedmont Nature Trails at the [NC Botanical Gardens have a nice uphill hike](#) and if you climb to the top of the trail, you'll find yourself overlooking part of the UNC Campus. It's a little like climbing a mountain!

Prayer (adapted from "For Knowledge of God's Creation" in the Book of Common Prayer):

Almighty and everlasting God, you made the universe with tiny atoms, great galaxies and amazing living creatures. Grant that we may know you more truly through your creation. Amen.

Thursday (Module Four)

The Last Supper (Matthew 26, Mark 14, Luke 22, John 13)

MST: Anderson Point Park (Raleigh)

Jesus was born in Bethlehem but grew up in Nazareth. As a teacher, he traveled – into the desert, across the River Jordan, through Judea and Samaria and Galilee. The Last Supper was in the town of Jerusalem, the capital of Judea. [Anderson Point Park](#) is in the capital city of Raleigh. There are large picnic shelters where you could enjoy a picnic supper.

Bible: You can read “The Last Supper” on page 264 of [The Children’s Illustrated Bible](#) or [Matthew 26:17-30](#) or [Luke 22:7-38](#) in any bible.

Godly Play:

[“The Synagogue and the Upper Room”](#) (This video is about nine minutes long.)

Creative Reflection (Art):

- **Blocks and Legos:**

Blocks and Legos can be used with every lesson. Encourage children to reflect on the story with wondering questions like:

- I wonder what special meals you have shared with people you love?
- I wonder what it would be like to eat supper with Jesus?
- I wonder how you would feel if you knew one of your friends would hurt you?
- I wonder how you remember friends you can’t see?
- I wonder if this story reminds you of something we do in church?

- **[Clothespin paint brushes](#)**

Collect textured natural objects like pine straw, ferns, grasses and flowers. Clip them to a clothespin or tie the objects together with string or a rubber band to make a paint brush. You can trim the end of your brush with scissors to make the painting edge more even. If you don’t have paint at home, you can [make some paint](#) with sugar, cornstarch, water and food coloring.



- **Last Supper Scene**

If you registered for church camp, you will find a wooden chalice and bread set in your at-home bag. You can punch out the pieces and paint or color them. Don't worry if you don't have this. You can draw a chalice (cup) and bread or a more complete [Last Supper](#) scene.



- **Make a map of Anderson Point Park**

Even if you don't visit Anderson Point Park, you can [use this map](#) and draw pictures or put stickers of woodland creatures where you think those animals might be comfortable in a city park. Hint: garbage cans and food left at picnic shelters attract hungry critters. Trees, bushes and burrows can make safe spots to sleep.

If you really like map-making, you could try to make a map of Jerusalem.

Science: Trees and Forests.

After the Last Supper, Jesus went to the Garden of Gethsemane to pray. He wanted to be amongst the olive trees where he would find strength. We have lots of trees around us (though not many olive trees in our climate)! Here's [a short video \(5 minutes\) from PBS Kids](#) that helps us learn about trees.

Do you have a favorite tree by which you like to sit and pray? What is the difference between alternate and opposite branches and twigs?

- **Leaf and Bark rubbings**

Collect a variety of leaves and bark. Cover them with thin paper and, using the side of a pencil point or a crayon, gently rub the paper over the natural objects. See what appears!

Sometimes what happens is not what we expect! The story of Jesus is like that. Jesus surprises us all the time.

Fun Fact: Trees can help you find your way! In the northern hemisphere, moss will grow on the north side of a tree where there is more shade. That means if you find moss on the side of a tree, you know that's the north side! It's like finding a natural compass in the forest!

Snacks:

Grape Juice and bread (and olive tapenade, optional)

If you want to make your own bread, you can try this [speedy, no-knead bread](#).

Outdoor Activity: Visit [Anderson Point Park](#) or a city park near you. Not all parks along the MTS are wilderness parks. Some are in the middle of cities. *Jesus taught in many places – in mountains, by the beach, in temples and around the supper table. Where do you think you would listen the closest? Where do you think you would hear lessons the best?*

Prayer (from the Service for Holy Eucharist II in The Book of Common Prayer):

Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.

Friday (Module Five)

Breakfast in Galilee (John 21:1-13)

MTS: Jockey's Ridge

We have crossed the whole state, from Clingman's Dome on the western edge to [Jockey's Ridge](#) on the eastern shore. One day soon, the Mountains-to-the-Sea Trail will allow hikers, bikers and sometimes paddlers to travel all the way from the Blue Ridge Mountains to the Atlantic Ocean.

Background:

Jesus' human journey took him from a stable in Bethlehem to the cross on Calvary. He taught many lessons in between – and after! This story happens after Jesus died and after the resurrection. His friends were sad and afraid. They had heard rumors that Jesus was not dead but ... who could believe that? When they saw Jesus at the beach by the Sea of Galilee, they didn't recognize him at first. Then they all sat down to a meal. It was not supper this time. It was breakfast! Fish was cooked over a campfire and Jesus broke bread. Do you remember what Jesus told his friends to do when they broke bread together? Remember him!

Bible Story: You can read “The Ascension” on page 280 of [The Children’s Illustrated Bible](#) or you can read [John 21:1-13](#) in any bible.

Godly Play Story:

“Knowing God in a New Way: Known in the Morning”

A telling of this story will be posted on [cotchildandfam.org](#) on Friday, June 24, 2020.

Creative Reflection (Art):

- **Blocks and Legos**

Blocks and Legos can be used with every lesson. Encourage children to reflect on the story with wondering questions like:

- I wonder what the disciples felt like after their friend Jesus died?
- I wonder if you have ever been really surprised?
- I wonder if you’ve have felt Jesus was close to you?
- I wonder if you’ve ever remembered Jesus in the breaking of the bread?
- I wonder if you’ve ever been happy to welcome a new morning?

- **[Flower Suncatcher](#)**

Weather changes across the state. Our state is big enough that it can be raining in one place and sunny in another. It might be snowing in the mountains and warm on the coast. This suncatcher will probably be easiest to see at breakfast time on a sunny day.

Use popsicle sticks, sticks from your yard or construction paper as a picture frame (if you want a frame). Set your frame materials aside for later. Lay one side of contact paper on your work surface with the sticky side up. (If you received an at-home bag, you will need to cut your contact paper in half so you have two pieces.) Add natural objects that remind you of your Vacation Church Camp journey or small pictures you have drawn and cut out. Place the second side of the contact paper on top (sticky side down this time). You can staple, tape or glue a frame along the edges. Punch a hole, add a loop of string and hang in a window.



- **Campfire**

Campfires can be used to cook meals on the MST trail (in designated camp sites). Jesus used a campfire to cook breakfast for the disciples! You should never make a real fire without grown-up help and you should always follow [campfire safety](#).

This campfire craft creates a pretend fire! Use small rocks or pebbles to make a safe circle for your fire. Add tiny sticks or twigs as “logs.” (You can use a cardboard circle as a base for all this.) Then glue paper “flames” to a battery-operated votive candle. Flip the switch and cook some fish!



Science: Weather and weather patterns

You can watch a short video about weather patterns and keeping a weather journal [here](#).

- **Make Rain**

With a grown-up’s help, boil some water and pour about two inches into a heat-proof (Mason or Ball) jar. If you want, you can put a few drops of food coloring in the hot water. Put a saucer or small plate on the top of the jar and wait a few minutes. Then put 5-6 ice cubes on the plate. Soon there will be condensation. That means the steam vapor from the hot water is turning back into water. There is rain in your jar! *What do you like best about a rainy day?*

- **Keep a Weather Journal**

Draw a picture or write down the weather for a week, a month or a whole year. The longer you keep your weather journal, the more patterns you will see. Which month has the most rain? Which season is the wettest? How do weather patterns affect your daily life?

Snacks: Canned fish (like sardines) and bread, or Goldfish cracker.

Outdoor Activity: [Jordan Lake’s Seaforth Beach](#) is closed during Phase Two of the state COVID-19 Response. [Jockey’s Ridge State Park](#) (the largest living sand dune on the Atlantic coast) is a long drive. This may be a good day to play in a sandbox, or just to imagine walking along the beach with waves lapping the shore.

Fun Fact: The Sea of Galilee is not an ocean. It's a very large, freshwater lake!

Prayer (Adapted from the Prayer for Rain in The Book of Common Prayer):

O God, who has given us the things we need to live in your kingdom, send rain when it is needed so that we may enjoy the fruits of the earth, and keep us ever mindful of our duty to care for your creation. Amen

Links

If the hyperlinks in the document do not work, you can cut and paste these web addresses.

General:

Bible Gateway (an online Bible which includes your choice of translations and interpretations):

www.biblegateway.com

The Mountains to Sea Trail Map:

<https://mountainstoseatrail.org/maps/statewide.pdf>

The Children's Illustrated Bible by Selina Hastings, published by Dorling Kindersley:

<https://www.dk.com/us/book/9780756602611-the-childrens-illustrated-bible/>

Take a Hike in Chapel Hill:

<https://www.visit Chapel Hill.org/blog/post/take-a-hike-11-trails-to-explore-this-spring/>

Take a hike on the Eno River:

<http://www.enoriver.org/events-and-activities/outdoor-recreation/hiking/>

To support the ministry of the Chapel of the Cross, including children and family programs:

<https://secure.accessacs.com/access/oglogin>

Monday: Jesus is Found at the Temple and Clingman's Dome

Godly Play (The Ark and the Temple): https://www.youtube.com/watch?v=P7d9_PQfpvc

Melted Crayon Rocks: <https://artfulparent.com/melted-crayon-rocks/>

An Introduction to Map-Drawing: <https://www.nationalgeographic.org/maps/park-map/>

North Carolina Geology for Kids:

<https://deq.nc.gov/about/divisions/energy-mineral-land-resources/north-carolina-geological-survey/geoscience-education/why-geology-matters/geology-matters-kids-and-educators>

Learn about Quarries: <https://www.nationalgeographic.org/encyclopedia/quarry/>

Make a Compass:

<https://nationalmaglab.org/education/magnet-academy/try-at-home/make-a-compass>

Apples, Honey and Walnuts "charoset salad":

<https://cooking.nytimes.com/recipes/1020957-apples-with-honey-and-crushed-walnuts>

Occoneechee Mountain: <https://www.ncparks.gov/occoneechee-mountain-state-natural-area/home>

Tuesday: Jesus is Baptized and the Eno River

Godly Play (Baptism): <https://www.youtube.com/watch?v=Juatr2NVOeY>

Information about Baptism at the Chapel of the Cross:

<https://thechapelofthecross.org/growing-as-christians/worship/baptism/>

Eno River Animals (free, downloadable coloring pages):

http://www.enoriver.org/eno-coloring-pages/?fbclid=IwAR3Ur9qqKhvPuFB_1_xy6zA-vWozMpj5vM4jj31_QD47qc4HoRHhtC7c4qw

Video of Eno River Critters:

<https://www.youtube.com/watch?v=7oKzXyupK3Y&list=PLrIIDO9VEt7kenZC5bG0WaViPMN82usFh&index=2&t=1s&fbclid=IwAR12I8Uv5dfiGBwjtj4JTIdzBceXxhkCwDGPGNPGmYbKU-vP3sa2rcg4lM>

Watermelon popsicles: <https://cooking.nytimes.com/recipes/1014902-watermelon-popsicles>

Few's Ford, Eno River State Park: <https://www.ncparks.gov/eno-river-state-park/directions>

West Point on the Eno City Park:

<http://www.enoriver.org/what-we-protect/parks/west-point-on-the-eno>

Wednesday: The Sermon on the Mount and Hanging Rock State Park

Godly Play (Ministry in Galilee): <https://www.youtube.com/watch?v=qEW9RItpMic>

Making Fake Scat: <https://naturalsciences.org/docs/special-exhibits/AnimalScat.pdf>

Matching Animal Footprint game:

<https://deceptivelyeducational.blogspot.com/2013/02/animal-tracks-match-up.html>

No-Bake Granola Bars:

<https://cooking.nytimes.com/recipes/1015609-no-bake-granola-bars?action=click&module=Collection%20Page%20Recipe%20Card®ion=Kids%20in%20the%20Kitchen&pgType=collection&rank=52>

Nut-Free Granola Muffins:

<https://cooking.nytimes.com/recipes/1012921-granola-muffins?action=click&module=Collection%20Page%20Recipe%20Card®ion=Kids%20in%20the%20Kitchen&pgType=collection&rank=17>

Hanging Rock State Park: <https://www.ncparks.gov/hanging-rock-state-park/home>

Raven Rock State Park: <https://www.ncparks.gov/raven-rock-state-park/home>

NC Botanical Gardens: <https://ncbg.unc.edu/visit/ncbg/piedmont-nature-trails/>

Thursday: The Last Supper and Anderson Point Park

Godly Play (The Synagogue and the Upper Room): <https://www.youtube.com/watch?v=jc0Kzsdo4YQ>

Clothespin paint brushes: <https://www.marthastewart.com/1528883/clothespin-paintbrushes>

Homemade paint: <https://www.marthastewart.com/271805/finger-paints>

The Last Supper by Leonardo da Vinci:

<https://www.wikiart.org/en/leonardo-da-vinci/the-last-supper-1495>

Make your own Anderson Point map:

<https://cityofraleigh0drupal.blob.core.usgovcloudapi.net/drupal-prod/COR24/AndersonPointMapYourPark.pdf>

Learn about Trees from PBS Kids: <https://www.youtube.com/watch?v=abVvZLyZAIg>

Speedy, No-Knead Bread: <https://cooking.nytimes.com/recipes/1016271-speedy-no-knead-bread>

Anderson Point Park: <https://raleighnc.gov/places/anderson-point-park>

Friday: Breakfast in Galilee and Jockey's Ridge State Park

A Godly Play-style story will be posted to cotcchildandfam.org on June 24.

Flower Suncatcher:

<https://www.messylittlemonster.com/2015/05/Flower-petal-paper-plate-suncatcher-craft.html>

Campfire Safety Tips:

<https://smokeybear.com/en/smokey-for-kids/campfire-rules#:~:text=Never%20leave%20a%20campfire%20unattended,or%20rocks%20around%20the%20campfire>

Tracking Weather Patterns Video: <https://www.youtube.com/watch?v=Uo8lbeVVb4M>

Jordan Lake Seaforth Beach: <https://www.ncparks.gov/jordan-lake-state-recreation-area/home>

Jockey's Ridge State Park: <https://www.ncparks.gov/jockeys-ridge-state-park/home>

More:

If your children enjoy reflecting on bible stories with Legos or other building toys, you might like [Building Faith Brick by Brick](#) by Emily Slichter Given. It includes story suggestions, biblical notes and building prompts. <https://www.churchpublishing.org/buildingfaithbrickbybrick>

A second volume explores the parables: <https://www.cokesbury.com/Building-Faith-Brick-by-Brick-II>